



Port Moody Times

Thursday
September 12, 2024
Day 1

PMSS Bell Schedule 2024-25

Monday (All Students)

Block	Schedule
1	7:40 – 8:46
2	8:50 – 9:56
3	10:00 – 11:06
Lunch	11:06 – 11:45
4	11:45 – 12:52
5	12:56 – 2:02

Tuesday – Friday

Block	Schedule
1	7:40 – 8:56
Flex	8:56 – 9:22
2	9:22 – 10:38
3	10:42 – 11:58
Lunch	11:58 – 12:40
4	12:40 – 1:56
5	2:00 – 3:16

IB Diploma Programme Only:

Tuesday – Friday (IB 11 and IB 12 Students)

Block	Schedule
1	7:36 – 9:05
Flex	8:56 – 9:22
2	9:09 – 10:38
3	10:42 – 11:58
Lunch	11:58 – 12:40
4	12:40 – 1:56
5	2:00 – 3:16

****Most students will not have a Block 1 class.
Please check your schedule carefully. ****

LOST & FOUND



These were found at the end of June. Please come to the office to claim.

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

PARENT FORMS & STUDENT FEES: School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

PMSS TIMES: The PMSS Times will be distributed on **Tuesdays** and **Thursdays**, starting **today**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

LOCKERS: New Procedure - Update

Our enrollment has increased and we are implementing a new program for students to request a locker:

If you have signed up for a locker before Sept. 11, an email has been sent to your 088 district email account with locker number and combination.

If you have signed up after Sept. 11, your locker will be assigned by Friday.

If you'd still like to get a locker, please use the QR code below to request a locker.



This form is available until September 19th. Thank you for your patience as we work our way through the new process.

If you wish to change your locker size and/ or location, please email the office with your request. We will re-evaluate all requests once all lockers are assigned after Sept. 19.

TERRY FOX RUN

Good morning Port Moody Secondary. We have begun our fundraising for Terry Fox's dream, a world without cancer. The Canadian athlete and cancer research activist, despite losing his leg to cancer, embarked on the "Marathon of Hope", running over 5,300 kilometres across Canada to raise awareness and funds for cancer research.

Now it's our time to continue his challenge and work to reach our school's goal of raising \$4390. Last year we exceeded our goal of \$3600. If everyone brings \$3 to their block 3 class, we can reach and even exceed that goal again! We will collect each day leading up to our annual run and assembly on September 19th. The two classes that raise the most money will receive a pizza lunch. Help our school continue Terry Fox's legacy. Visit <https://schools.terryfox.ca/73606> if you wish to donate online.

Go PMSS!

STUDENT COUNCIL VICE PRESIDENT AND PRESIDENT ELECTIONS

Please submit this form if you are a Grade 10-12 student who is interested in running for Student Council President or Vice President this year.

<https://forms.office.com/r/2drYSprfmh>

Note that the Grade Representative nominations form (8 in total with 2 reps from each grade) will be shared after we have elected our President and Vice-President this year. This will allow any students who didn't move forward with these two positions to still have an opportunity to represent the student body as a Grade Representative.

Forms are due by Thursday, September 19th at 4pm.

CLUB APPLICATIONS

This is a friendly reminder that club applications are due on Wednesday Sept 18th. Application forms can be picked up at the main office. Please email cocameron@sd43.bc.ca if you have any questions!

LIBRARY VOLUNTEER

Are you interested in helping others?

Are you looking for volunteer work?

Consider applying to become a volunteer library page.

Volunteer library pages help the library learning commons team during Flex, Lunch, and afterschool.

Commitment to as many or as few shifts as you would like.

Full training provided.

Stop into the Library Learning Commons on the third floor for more information and to apply or click this link to apply online.

<https://forms.office.com/r/ZnzijLA0M1>

ROBOTICS CLUB

Are you interested in designing, building or coding robots? Robotics Club is looking for new members. Our season has already started and spots are limited! Sign up now: <https://forms.office.com/r/SXzhMCGyC8>

THEATRE AUDITIONS

Interested in being a part of the fall play or the spring musical? Come audition this week! Sign up for an audition outside the Drama Room. No experience needed! See Mr. Meredith for more information.

MARVEL TRADING CARDS

Do you collect the Loblaw's Marvel Cards? Are you missing a few to complete your set? If so come to Room 324 at Lunch on Friday (September 13) to trade with others.

CANUEL CATERS CAFETERIA

Cafeteria is looking for lunch time cashier for Mondays and Fridays with the possibility of extra shifts. 15-20min per shift. Perfect way to get in some work experience and hours along with some perks. Please see Tina for more details.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

Port Moody Secondary Post-Secondary Info-Sessions: Check out the time/date/location for when you can learn about each school and ask representatives questions!

School/ Program/ Event	Date	Time	Location
Canadian Universities Event (CUE)	September 24th 2024	9:00am – 11:00am	Heritage Woods Secondary School
Ivey Business School at Western University	September 26th 2024	7:00pm – 7:30pm	https://ivey-uwo.zoom.us/j/99499489755
BCIT Health Sciences	October 8th 2024	11:56am – 12:36pm (lunch)	Drama Room
University of Calgary	October 11th 2024	11:56am – 12:36pm (lunch)	Booth in MPR
UBC Forestry	October 11th 2024	11:56am – 12:36pm (lunch)	Booth in MPR
UBC Sauder School of Business	October 16th 2024	11:56am – 12:36pm (lunch)	Library
University of Toronto	October 17th 2024	11:56am – 12:36pm (lunch)	Small Gym
University of Alberta	October 22nd 2024	11:56am-12:36pm (lunch)	Drama Room
Post Secondary BC Fair (PSBC)	October 24th 2024	12:36 – 1:52 (Blk4)	Small Gym
Western University	October 28th 2024	11:06 – 11:40am (lunch)	Drama Room
Queen's University	October 29th 2024	2:00- 2:30pm (Blk 5)	Library
EducationPlannerBC – Parents as Educators and Career Coaches SD43	October 30th 2024	6:30pm – 8:00pm	Register here .
Simon Fraser University	November 4th 2024	11:06-11:45 (lunch)	Library
McMaster University	November 6th 2024	8:56 – 9:22 (Flex)	Drama Room
University of Victoria – Gustavson School of Business	November 13th 2024	8:56 – 9:22am (flex)	Drama Room
University of Waterloo	November 19th 2024	8:56 – 9:22am (flex)	Drama Room
Langara	December 4th 2024	11:56 – 12:36pm (lunch)	Drama Room

Ivy + Student Information Session: Canada will be hosting virtual info sessions for all students to learn about the highly selective college admissions process, and address issues of particular concern to students applying from Canada. This group includes: Brown University, Columbia University, Cornell University, Dartmouth University, Harvard University, Massachusetts Institute of Technology, Princeton University, Stanford University, University of Pennsylvania, and Yale University. To register for Sept 10th at 4pm please click [HERE](#). For Sept 24th at 4pm, click [HERE](#).

Canadian Universities Event featuring schools from across Canada will be held on **Tuesday, September 24th 2024** at *Heritage Woods Secondary's Grand Hall* from 9am - 11am this year! Attend and ask questions from university recruitment staff!

How to Apply to Post-Secondary 101 is being hosted by Ms. Chang this year on **Wednesday September 25th** in the *library* at lunch! We will go through the application process together, and will be answering any questions you have!

NEW **Western Ivey HBA** is hosting a virtual info session for SD43 students on **Thursday, September 26th** from 7-8pm PST. Join us to learn about one of the top business schools in Canada and their application process. Click [HERE](#) for the Zoom link.

NEW **Big Info at BCIT** is back on **Wednesday October 9th from 4pm – 7pm** at their Burnaby campus! It's their largest program expo and information session and your chance to find out all about their programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences. This is *free* and students that register to attend in person have a chance to win \$1000 tuition at BCIT!

General Learning Opportunities

Vancouver Film School's Portfolio Review is back on September 21st from 10am – 1pm for aspiring animators or creative designers looking to launch their industry career and would like professionals to review your creative portfolio. If you don't have a portfolio, you can learn about how to develop one. There is a virtual option if you are unable to attend in person. For more info, or to register, click [HERE](#)!

Port Day: Maritime Career Zone is taking place Saturday September 21st from 12pm – 5pm at Ballroom A of Canada place! It is open to Gr. 11 and 12 students with an interest in connecting with industry professionals and for those wanting to discover potential career paths and opportunities within the maritime sector. For more information, please click [HERE](#) or email: conner.dasilva@portvancouver.com

BC Children's Hospital Mini Med School is open for applications again (deadline is September 27th)! This year the theme is from Data to Diagnosis: Navigating Digital Health. It is scheduled for Wednesday October 16, 23, 30 and November 6th from 6:30 – 8:00pm. For more information, or to apply click [HERE](#)!

NEW **YVRHacks Youth Hackathon** is happening on **Sunday, September 29th from 10am – 6pm** at the Vancouver Independent School for Science and Technology. This event is a beginner-friendly event for all BC high school students with an interest in coding! If you're looking to hone your skills, learn something new and potentially win over \$1000 in prizes, click [HERE](#) to register!

Vancouver Area Independent Schools US College Fair is coming to West Point Grey Academy on Thursday, October 10th, 2024, from 5-7pm! With confirmed admission representatives from Boston University, University of California Berkeley, University of Chicago and many more! Come learn more about post-secondary opportunities in the US. Visit [HERE](#) for more info!

Youth to Sea Leadership Program is open for applications until October 15th! This 8-month long program is open to any 15-18 year old Canadian citizen or refugee living in Canada interested in engaging with their community and the ocean. Develop ocean conservation knowledge, and by the end of the program, you would have completed 120 volunteer service hours! For more information and to apply, click [HERE](#)! Email youth@ocean.org if you have any questions.

JCCF Photography/ Digital Art Contest invites all Canadians 15+ to enter with prizes of \$2000 for first prize, \$1000 for second and \$500 for third! Students need to submit their entry with the theme *What Freedom in Democracy Looks Like to Me*. Deadline to submit is October 27th. Click [HERE](#) to apply or for more info!

OceanWise – Youth to Sea Leadership Program 2024-25 is looking for Canadian/ PR/ refugees aged 15-18 to join their 8 month program (October to May) and learn about engaging their local community and making connections between themselves, their community, and our ocean. It will bring youth together to provide them with opportunities to develop their ocean conservation knowledge and personal skills. Participants will even have earned at least 120-service hours by the end of the program. Any questions? Please email youth@ocean.org. To apply, click [HERE](#), and for more info, click [HERE](#)!

Trades and Apprenticeship Information

Volunteer/Employment Opportunities

Eagle Ridge Hospital – Volunteer Program is looking for students aged 16-18 years old to volunteer as logistical support team members at Eagle Ridge Hospital! Get involved with the patient, public and provider in a hospital environment! The times are from 4:30 – 7:00pm with a variety of dates to choose from. Click [HERE](#) to apply or for more info!

Place des Arts: Youth Council is looking for Gr. 9-12 volunteers with strong interest in the arts and looking to develop their leadership skills. Deadline to apply is *September 20th 2024*. Click [HERE](#) to apply. Email volunteer@placedesarts.ca if you have any questions.

Elections BC – Youth at the Booth is hiring 15-18 year old Canadian students to work as an election official at a voting place in their local community. You will be paid at least \$390 a day and will work on October 19th + some training days. For more info, click [HERE](#) or email jobs@elections.bc.ca

Learning Buddies Network is looking for reading/ math mentor volunteers that are at Gr 10+ from October to December. Volunteers will prepare lesson materials provided by the organization and track your little buddy's progress. They offer both online and in-person programs. If interested, click [HERE](#). Questions? Email julia@learningbuddiesnetwork.com

Scholarship / Awards

Morehead Cain Scholarship is open for nominations (valued at full tuition, housing + fees at the University of North Carolina at Chapel Hill). If you are a leader with a strong moral force of character, have a strong desire to learn and physical vigor, consider applying! The PMSS nomination deadline is *Monday September 23rd at 3:00pm*. To apply, please download the form from the Career Centre website or the Career Centre TEAMS. For any questions, please contact Ms. Chang in Rm 2013 of the Main Office or email (mchang@sd43.bc.ca)

The University of Toronto National Book Award (valued at full tuition, incidental and residence fees for up to 4 years of study at the University of Toronto. Finalists will receive \$7500+) is open for nominations! If you are a Canadian citizen intending to begin University with superior academic performance, original and creative thought, and exceptional achievement in a broad context, please consider applying! The PMSS nomination deadline is **Thursday September 26th at 3:00pm**. To apply, please download the form from the Career Centre website or the Career Centre TEAMS. For any questions, please contact Ms. Chang in Rm 2013 of the Main Office or email (mchang@sd43.bc.ca)

Basant Motors Scholarships (valued at 15 x \$2200) is open for all Canadian Gr. 12 students with a minimum GPA of 3.2 and demonstrates attributes of good citizenship and service in school and community while planning to attend a post-secondary institution in 2025. The deadline to apply is September 28th, 2024. For more info, or to apply, click [HERE!](#)

Engineers and Geoscientists of BC Scholarships (varies from \$2500 - \$4000) is open for any high school students entering engineering or earth science programs at select BC schools or entering engineering transfer programs or civil engineering programs, and the Keith E Fenton Memorial Scholarship has a deadline set for Sept 30. Click [HERE](#) to apply or for more info.

University of Toronto's Lester B. Pearson International Scholarship (valued for full tuition, books, incidental fees, and full residence support for 4 years at the University of Toronto) is open for nominations to any *international students* (non-Canadian requiring a study permit) who will be in Gr. 12 in Sept 2024. If you are interested in being nominated by the school for this award, please submit a nomination form (found on PMSS Career Centre TEAMS or PMSS Online Career Centre website or visit Ms. Chang in Rm 3065) by **October 1st, 2024** to Ms. Chang (mchang@sd43.bc.ca) and Ms. Campbell (cicampbell@sd43.bc.ca). For more information about this scholarship, please click [HERE!](#)

LORAN Awards (Valued at \$100,000 + other benefits for LORAN Scholars, and \$6000 for finalists) is open for applications to any Canadian Gr. 12 students with a minimum cumulative average of 85%. The application deadline is *October 15th 2024*. If interested, apply [HERE](#). For more info, click [HERE!](#)

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

First PAC (Parent Advisory Committee) meeting of the 2024-2025 school year will be held on September 17th at 7:00 pm in room 222. All parents are welcome to attend PAC meetings. This group is always looking for interested parents to attend and take on roles within the PAC.

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

COMMUNITY



UB METRO VANCOUVER
go by bike weeks

Sept. 23 » Oct. 6, 2024
Register for free at logmyride.gobybikebc.ca





What is Go by Bike Week?

Go by Bike Week is a celebration of cycling, where we encourage everyone in Metro Vancouver to give cycling a try and motivate those who already do to keep riding.

Ride your bike to the pharmacy, school, work or to grab a coffee, any destination counts and log your trips to track KM's and greenhouses gas savings, the more trips you log, the more prizes you can win! This year's grand prize, sponsored by Exodus Travels, is a holiday to Italy!

[Register for Free](https://logmyride.gobybikebc.ca)





Free Fall Program for Families!





Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting October 2024 on Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!  

gv.ymca.ca/generation-health-community
generationhealth@bc.ymca.ca



Imagine This

KIDS MUSICAL THEATRE CLASSES



Imagine This offers weekly Musical Theatre classes and exciting Spring and Summer Camps (coming soon) for kids and teens aged 6 - 18 in the lively Port Moody area!

4 WEEK TERMS \$220



ACT, SING & DANCE

Ages 6 to 18
Saturday afternoons
3 hour classes
Kids will learn

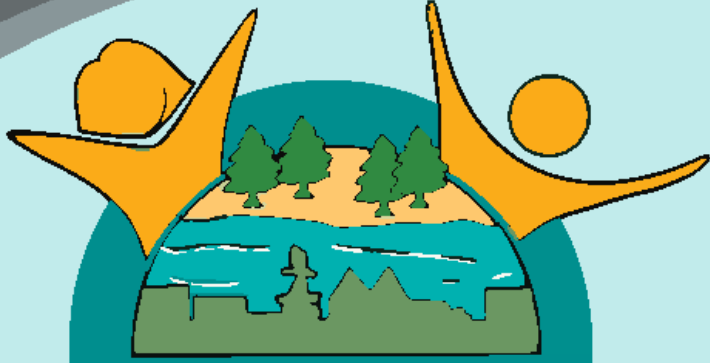
- Vocal techniques
- Fun dance moves
- Acting skills

DATES

STARTING ON
OCT 12, 2024

POMO ARTS CENTRE
 2425 ST. JOHNS STREET, PORT MOODY

FOR MORE INFORMATION @imaginethispresents www.imaginethispresents.com



Mayor's Youth Summit

October 25, 2024 • 8:30am–3:15pm
Inlet Theatre, 100 Newport Drive, Port Moody

Join us at the 2024 Mayor's Youth Summit and make your voice heard! Discuss critical issues, connect with peers, and shape the future of your community.

Register now - open to all Tri-City youth!



portmoody.ca/signmeup



604.469.4556



Scan the code



GAIN 7 HOURS OF VOLUNTEER TIME!

youth@portmoody.ca
604.469.4556

Logo designed by Yufei Hu

PORT MOODY
CITY OF THE ARTS